



forest view  
**PILATES**

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# Price List

## Alexander Technique

45 Mins	£32 one to one
Block of 4	£120 (save £8)
Block of 8	£224 (save £32)

## Pilates

1 Hour	£38 one to one
Block of 4	£144 (save £8)
Block of 8	£272 (save £32)

## Studio sessions (2 people sharing)

1 hour	£22 per person
Block of 4	£80 (save £8)
Block of 8	£144 (save £32)

All blocks are payable in advance and must be used within six months from date of payment.

Cancellations with less than 24 hours notice or sessions not attended will be fully charged at the applicable rate.

